



<b>Upwind</b>	<b>Light wind</b>	<b>Medium wind</b>	<b>Strong wind</b>
	<b>1-5 knots</b>	<b>6-15 knots</b>	<b>16-25 knots</b>
<b>Crew</b>	No trapeze	Both trapeze	Both trapeze
<b>Hull attitude</b>	Nose down	Level	Nose up
<b>Main traveler</b>	Middle	Middle	Middle
<b>Main sheet</b>	Medium	Hard	Slightly less hard
<b>Main tell tales</b>	Upper flow correctly	Flowing both sides	Flowing both sides
<b>Main Cunningham</b>	Just remove wrinkles	Light - Hard	Extremely hard
<b>Outhaul</b>	100 mm from boom	20-30 mm from boom	Minimum
<b>Mast rotation</b>	Pointing to front of dagger board	Reduce as wind increases	Up to 20 knots 25°  Above 20 knots 15°
<b>Jib sheet</b>	Light	Med	Hard
<b>Jib traveler</b>	100mm from the end	50 mm from the end	20mm from end
<b>Jib downhaul</b>	Firm (remove wrinkles)	Firm (remove wrinkles)	Tight
<b>Centerboards</b>	Down	Down	200 - 300mm up